

105638 Use Your Head When It Comes to Your Feet

1. Cotton socks provide great warmth and wicking properties.

True or False

2. Which is better for walking longer distances?

- a. Heavy insulated boots
- b. DWR boots
- c. Lighter-weight insulated hiking boots
- d. Combat boots

3. Your footwear doesn't have much impact on your safety in winter.

True or False

4. Lighter winter boots, such as insulated hiking boots are better options when you must walk longer distances.

True or False

What would you do?

You've got a busy day planned at work. You must be outside most of the day and there's already several inches of snow on the ground and the temperature is going to be below freezing. What's your best bet to keep your feet and toes warm, dry and comfortable?